

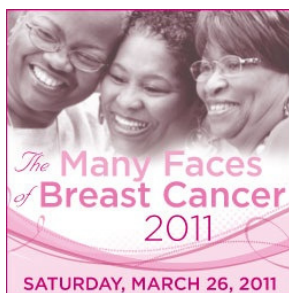


THE MARYLAND AFFILIATE of SUSAN G. KOMEN FOR THE CURE

# THE PROMISE

*Our promise is to save lives and end breast cancer forever by empowering people, ensuring quality care for all and energizing science to find the cures.*

## February 2011

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## Join us for The Many Faces of Breast Cancer 2011

Please join the Maryland Affiliate of Susan G. Komen for the Cure in celebrating sisterhood and survivorship by attending the Many Faces of Breast Cancer 2011, a free event focusing on African American women to be held at New Psalmist Baptist Church on Saturday, March 26, 2011 from 8 a.m. to noon.

Attendees will have the opportunity to connect with valuable local resources at the community organization and hospital exhibition, hear from local physician and nurse experts in the field of breast cancer, and hear how breast cancer impacts you and those in your community.

A special Keynote address will be made by Baltimore City Mayor Stephanie Rawlings-Blake and her mother, Dr. Nina Rawlings, a breast cancer survivor. The pair will speak about their experience with breast cancer as mother and daughter, survivor and co-survivor.

The event is free and open to the public, but advance registration is required as capacity is limited. Those interested in attending the event must register by Monday, March 21, 2011. Visit [www.komenmd.org](http://www.komenmd.org) to register or call 410-938-8990 with questions.

New Psalmist Baptist Church is located at 6020 Marian Drive, Baltimore, MD 21215 and is on the MTA Bus Route 27 and the Reisterstown Plaza Metro Subway Station - Port Covington.

Volunteer opportunities at the event are available. Those interested in volunteering should contact Brittanie Stuber at [bstuber@komenmd.org](mailto:bstuber@komenmd.org). Volunteer roles include registration, speaker and event check-in and greeters.

A special thanks to our event sponsors New Psalmist Baptist Church, ABC2News, Afro American Newspapers, 92Q Jams, Magic 95.9 FM, WOLB 1010 AM and WWIN Spirit 1400 AM.

## Save the Date for the 2011 Race for the Cure



Save the date for the 19<sup>th</sup> annual Race for the Cure® on Sunday, October 23, 2011 in Hunt Valley, Maryland!

The 2011 Race Web site will be go live in the next few weeks so check back soon to register, start a team, join a team and begin fundraising!

## Help Bring Us 26.2 Miles Closer to a Cure



Are you a long distance runner? If not, here is your chance to try something new and make a difference. We invite you and other runners to take the fight against breast cancer onto the streets of Maryland this fall.

By joining the Susan G. Komen Marathon for the Cure® program as a member of Team Komen Maryland, you will receive one (1) bib number to run the Baltimore Running Festival (Baltimore Marathon) on Saturday, October 15, 2011 as a participate in the full marathon, half marathon or the four person relay. As a team member, you will have the opportunity to align with other amazing people who want to end breast cancer forever.

In return, you will be asked to raise a minimum of \$1,500 to support breast cancer education, awareness and research in the Maryland community. Register as a member of Team Komen Maryland online today by [clicking here](#). The deadline to register as a member of Team Komen Maryland is Thursday, June 30, 2011 at 5:00 PM ET.



If you have already registered for the Baltimore Running Festival, you are still able to join Team Komen Maryland! You will be asked to commit to a fundraising goal of \$1,000 and will have access to everything Team Komen Maryland offers.

We are also looking for interested people to serve on the committee. No running experience is necessary.

Contact Sue Perrice at [marathon@komenmd.org](mailto:marathon@komenmd.org) if you have questions about Team Komen Maryland or would like to sign up for the committee.

We look forward to your help in bringing us one step closer to a cure!

## "On Deck for the Cure" Cruise

Accent On Travel



Join fellow supporters and enjoy seven days of fun and relaxation on a Navigation Celebration Cruise! Open to friends and family around the country who would like to celebrate 2011 National Breast Cancer Awareness Month together. The program features exclusive events such as "Educational Awareness Talks at Sea", "Pink Tie" formal, "Girls Day Out" luncheon, walks, and more! Free parking and private coach transfers from Towson make for a 'no

fly' option!

Departure is Sunday, October 2, 2011 on Holland America Line's ms Veendam to Bermuda! Donations to both the Maryland Affiliate of Susan G. Komen for the Cure and the National Susan G. Komen for the Cure are from Accént On Travel, exclusive host of the event. Contact: 410-296-8330 or [Agent@AccentOnTravel.us](mailto:Agent@AccentOnTravel.us).

EARLY BOOKING OFFERS available.

## Annual Conference for Young Women Affected by Breast Cancer



The Annual Conference for Young Women Affected by Breast Cancer (C4YW), sponsored by Susan G. Komen for the Cure, is the only international event focused on the unique needs and issues faced by women diagnosed before age 45. Created by young women for young women and their caregivers, the conference has grown to one of the largest meetings in the world for women with a history of breast cancer. This year the event takes place in Orlando Florida from Friday, February 25 to Sunday, February 27, 2011. This one-of-a-kind event features educational programming focused on every phase of a young woman's breast cancer journey: from recent diagnosis, treatment, living with advanced breast cancer to post-treatment — and years beyond! [Read more about the event and learn how to apply for a travel grant.](#)

## Dulaney High School Lady Lions Go Passionately Pink

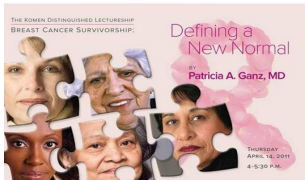


On Saturday February 4, 2011 the Dulaney High School Lady Lions went Passionately Pink for the Cure®. Passionately Pink for the Cure is an amazing way for organizations to get involved and transform their events into a good cause. From the funds raised during any Passionately Pink event, 75 percent stays in-state to fund local programs for women and families and 25 percent supports national research to help find a cure for breast cancer.

For the event, the girls JV and Varsity basketball teams and the cheerleading squad joined forces to raise funds and awareness for the Maryland Affiliate of Susan G. Komen for the Cure. The pink pride could be seen far and wide throughout the day. "The event was a great way to get all the girls involved in helping the community," said Kim Benttencourt the Varsity Cheerleading Coach. "Everyone had a lot of fun and the games were a huge success."

Want to join in the fun? Passionately Pink is an easy and exciting way for your organization to make a difference. Get started today by [clicking here](#) to learn more about Passionately Pink for the Cure.

## University of Maryland School of Nursing Distinguished Lecture Series



Join us for the **Komen Distinguished Lecture, Breast Cancer Survivorship: Defining a New Normal** on Thursday, April 4 from 4 p.m. to 5:30 p.m. Breast cancer can occur at any age, and survivors across the lifespan have unique needs. This lecture by Dr. Patricia A. Ganz will emphasize the growing number of breast cancer survivors and the diversity of their post-treatment requirements. These include the trajectory of recovery, the common symptoms and problems experienced, and the need for continued focus on health promotion and disease prevention. This free event will take place at the University of Maryland School of Nursing (655 West Lombard Street, Baltimore, MD 21201). [Register online!](#)

## Volunteers are the Heartbeat of Komen Maryland

Interested in learning more about the Maryland Affiliate of Susan G. Komen for the Cure and ways to get involved?

Komen Maryland relies on many volunteers to carry out our work year-round. Volunteers assist in planning and organizing the Race for the Cure®, serve on various committees, plan educational events and help the staff on special projects around the office. Through tireless work and dedication, Komen Maryland's volunteers are the ambassadors that carry the Komen Vision of "A World Without Breast Cancer" into our communities.

Komen Maryland has added four volunteer positions based upon areas we see most needed. We continue to look for individuals interested in being a Komen Maryland Ambassador, part of our [Speakers Bureau and our Community Outreach Advocates](#), or helping around our office as a Clerical Support volunteer.

- Grant Writer
- Graphic Designer
- Spanish Speaker and Translator
- Sponsorship Solicitation

Internship opportunities are also available for the summer and fall. If you have any questions or are interested in learning more, please contact Brittanie Stuber, Volunteer Coordinator, at 410-938-8990 or [bstuber@komenmd.org](mailto:bstuber@komenmd.org).

## Calendar



[Check out all of our upcoming events](#)



**Present - Thursday, March 31, 2011**

Constellation Electric is teaming up with the Maryland Affiliate of Susan G. Komen for the Cure to fight breast cancer. Enrolling with Constellation Electric as your residential electricity supplier benefits cancer research, education, screening and treatment, while offering you a lower electricity price as compared to BGE's current weighted average standard offer service price. To save money on your electricity bill, Maryland residential residents can visit [www.constellation-electric.com/komen](http://www.constellation-electric.com/komen) or call 1-888-219-4239 to learn more about available offers and to sign up for Constellation Electric. When signing up remember to use promo code: KomenMD1.

Once an initial enrollment level is achieved, \$2.50 per enrollment will be donated, per month, for the initial term of the contract and \$1.00 per month for each annual subsequent enrollment. Constellation Electric will make a minimum donation of \$10,000 to Komen Maryland. This offer is made by BGE HOME Products & Services, Inc. doing business as Constellation Electric. BGE HOME is not the same company as BGE, a regulated utility. Constellation Electric's MD License is IR-228.

**Saturday, June 4 - Monday, June 6**

The 11<sup>th</sup> annual Dick Gelfman's Ride Across Maryland is a 3-day/2-night event that offers motorcyclists (and cars, trucks, and vans) multiple locations from which to depart before heading across the state to Ocean City, Maryland. During the past 10 years, the non-profit Ride Across Maryland Foundation has donated more than \$2 million to Komen Maryland.



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