



Komen Maryland Grant Recipients (2010-11)

Allegany County Health Department (\$37,533)

High Risk Breast Cancer Screening for Women Under Age 40

The Allegany County Health Department will provide breast cancer screening and education to uninsured/ underinsured women of Allegany and Garrett county who are under the age of 40 and fall within financial guidelines. Women under age 40 who qualify will receive a free clinical breast exam and mammogram. Any woman who has had breast cancer or has a family history (mother, sister, daughter) should call the Health Dept. to schedule their free breast cancer screening. Any woman with symptoms of breast cancer such as a lump or thickening in the breast, change in size or shape of breast, or nipple discharge that starts suddenly or is bloody should call to schedule a free breast cancer screening. Breast cancer screenings are scheduled by the Health Dept, but are provided at local participating health care provider offices and mammogram facilities.

Anne Arundel County Department of Health (\$39,789)

Make a Promise to Yourself - Get a Mammogram

The Anne Arundel County Department of Health (DOH) will address disparities in breast cancer screening and death rates among minorities. The DOH and churches with predominantly African American and Hispanic congregations will host six breast health events to increase awareness of screening and provide linkages to screening services. A presentation will provide information about the importance of screening and early detection, screening guidelines and information about available screening services. Staff from the County's Breast and Cervical Cancer Program and local hospitals will provide information about screening and treatment services and enroll eligible women. The DOH will conduct a screening awareness mailing to 1,200 family practice and internal medicine health care providers. The DOH will promote the availability of screening services through targeted community outreach to African American, Hispanic and uninsured County residents.

Anne Arundel Medical Center (\$74,952)

Survivors Offering Support Peer to Peer Hospital Integrated Survivor Services

The SOS grant provides a menu of peer to peer support services including on site hospital sponsored mentoring program and Transition to Wellness Workshops at seven Maryland hospitals. Survivor interaction with patients compliments current navigator programs and provides a heightened focus on the patients' emotional needs. Mentors share personal breast cancer experiences providing insight and information. SOS also provides transition support workshops to patients who have completed treatment and are entering survivorship. The SOS hospital centered program will augment psychosocial services offered to 495 Maryland breast cancer patients enhancing their ability to deal with the emotional aspects of breast cancer.

Antietam Healthcare Foundation (\$100,000)

Washington County Hospital Make a Difference Project

Washington County Hospital (WCH) and its community partners propose to continue its Make a Difference program to serve an additional 480 women with the two year grant. This program serves uninsured and underinsured women in rural Washington County.

WCH will conduct 42 breast care clinics annually at strategic locations throughout the county.

The key activities are as follows:

1. Educate underserved women on the importance of performing monthly BSEs.
2. Facilitate early detection by teaching clinical breast examination technique.
3. Provide free mammography screenings for women receiving services from the program.
4. Reach women of color and new immigrants through monthly clinics.

Baltimore County Department of Health (\$75,000)

Breast Cancer Services to Minority Women in Baltimore County 2010-2011

The Baltimore County Department of Health Women's Cancer Protection Program (WCPP) will provide comprehensive, culturally sensitive, language specific breast cancer screening and case management services to eligible women who reside and/or desire breast cancer screening services in Baltimore County. This grant will allow WCPP to continue to employ a Korean-speaking outreach worker, a Spanish-speaking outreach worker and office assistant and a Public Health Nurse Case Manager. These personnel will recruit and enroll minority women in WCPP. They will coordinate appointments for breast cancer screening services with private providers in Baltimore County and will accompany women to appointments when interpretation services are needed. This grant allows these women to receive services they might not otherwise receive.

Baltimore Medical System, Inc. (\$100,000)

Sharing the Beauty: Making a Difference in Baltimore City

The program provides outreach, education, screening, and case management to insure that 1920 or more women receive clinical breast exams, referrals to mammograms, and follow through with needed diagnostic and treatment services. Through beauty shops, nail shops, and a beautician school, we will educate women about breast health and recruit them into care.

Cecil County Health Department (\$55,483)

Just Us! A Community Legacy for Breast Cancer Screening

The "Just Us! A Community Legacy for Breast Cancer Screening", representing faith-based communities, breast cancer survivors, Union Hospital and other partners in Cecil, Harford and Kent counties, will: 1) award 4 Pink Ribbon Mini-grants to minority organizations to educate about breast cancer screenings and decrease barriers; and Cecil County Health Department and Union Hospital will provide onsite registration for screenings; 2) provide breast cancer screening to 45 women especially minorities, who are ages 18-64 and are uninsured, underinsured, or have high deductibles and meet program eligibility criteria; 3) provide direct supportive services to 10 eligible women receiving breast cancer treatment; and 4) provide patient navigation services at Union Hospital for women with abnormal findings. Through these grant activities, barriers to breast cancer screening and treatment for underserved and minority women will be addressed.

Chase Brexton Health Services, Inc (\$75,000)

CARES (Cancer Awareness, Resources, Exams, and Screenings)

The CARES (Cancer Awareness, Resources, Exams and Screening) for Women Breast Cancer Program at Chase Brexton Health Services, Inc. provides wellness care and screening services to women. The three overarching goals of this effort are to 1) to increase the number of women that receive annual mammograms and clinical breast exam screenings through provision of accessible referral and patient navigation services to low-income, uninsured women over 40; 2) to ensure that women with abnormal mammography and/or clinical breast examination (CBE) findings have access to available resources including transportation, financial support, and appropriate diagnostic testing; and 3) to provide targeted outreach and education to medically underserved, minority (including GLBT, African American, and HIV-infected) women and bring them into wellness care through partnerships with agencies serving our target populations.

Health Partners, Inc. (\$75,000)

Improving Breast Health for Uninsured Women of Charles County

The purpose of this project, Improving Breast Health for Uninsured / Underinsured Women of Charles County, is to reduce the Breast Cancer mortality rate in Charles County by increasing accessibility and compliance of mammography services for uninsured and underinsured women. Health Partners will provide breast health education and clinical breast exams to 400 women. Additionally we will partner with Civista Medical Center to provide screening and diagnostic mammograms as ordered by the provider. Health Partners will ensure compliance by utilization of a Patient Navigator to help clients overcome barriers that would otherwise prevent them from obtaining services.

Howard County Health Department (\$75,000)

Bicultural Patient Advocacy & Breast Cancer Service Project

The Bicultural Patient Advocacy and Breast Cancer Services Project aims to decrease disparities in breast cancer screening, diagnosis and treatment for low-income, medically underserved ethnic minority women with limited English proficiency. Bicultural patient advocates (community health outreach workers) notify women of breast health services and assist them with accessing these programs. Registered nurses, in conjunction with the patient advocates, coordinate follow-up diagnostic care for women with abnormal screening results and treatment if needed. This project serves Howard County residents and is administered by the Howard County Health Department in collaboration with community organizations and local health care providers.

Maintaining Active Citizens Inc. (\$75,000)

Life After Breast Cancer: Return to Independence

Life After Breast Cancer: Return to Independence provides direct access for 50 underserved or underinsured survivors to treatment that enables return to independence and improved quality of life. This program is for survivors on the rural Eastern Shore who do not have access to ongoing care for pain management or rehab therapies. Through this program survivors have access to:

1. Acupuncture for reduction of pain.
2. Nutritional assessment and recommendations for immune support.
3. Aqua Therapy & land based exercise, including yoga, focusing on upper extremity movement, flexibility and strength.

4. Training and education related to Acupuncture, nutrition, exercise, self care and functional independence,
 5. Ongoing Acupuncture treatment or Chiropractic care for further pain management.
- Participants will demonstrate a measurable decrease in pain, increase in functional independence and an understanding of the importance of nutrition. Participants will demonstrate a measurable improvement in Quality of Life.

Mercy Medical Center (\$74,988)

Be Well Stay Healthy: A Program for Breast Cancer Survivors, Families and Women at Risk

The Be Well Stay Healthy Program (BWSH) provides holistically-based support and education programs for breast cancer survivors fighting fatigue. We have expanded our program to women with recurrent disease and in active treatment through biweekly classes covering key components of the BWSH program and held in the outpatient treatment area to facilitate attendance. The Be Well Stay HealthyKIDS! monthly program for children of breast cancer survivors provides a safe and relaxed environment for children to share their feelings, ask questions, and learn through a variety of group activities. We also offer individual and family counseling sessions for those needing additional support. This year we propose to expand the BWSH program to women with a BRCA1/2 mutation or strong family history.

Moveable Feast, Inc. (\$74,250)

Providing meals to women in treatment for breast cancer as well as dependent children and caretakers

Moveable Feast will prepare and deliver meals and provide nutritional support to 58 women (single or with families) who may be underinsured, uninsured, or insured, but are facing financial difficulty as a result of illness-related expense. Meal service will: ensure appropriate nutrition for a client (and family) while undergoing treatment; help to alleviate financial concerns, mitigate concerns about caring for family; and address emotional issues, such as loneliness and depression. Our meal services provide for some of the most basic human needs: food, human contact, and compassion. Our meal programs save lives and ensure that families can stay together - even if a parent has breast cancer. It gives those with breast cancer the chance to get well, to eat nutritious meals that will make them stronger, and to focus their precious energies on their family.

Nueva Vida, Support Network for Latinas with Cancer (\$75,000)

Comprehensive breast-health program for Latinas

To reduce breast health disparities among Latinas throughout the state of Maryland, Nueva Vida (NV) will expand its comprehensive breast-health program. NV will implement programs addressing access to care and psychosocial support, in order to overcome barriers identified by Latinas in the Baltimore metropolitan area. NV's continuum of breast care begins with outreach activities promoting awareness and encouraging women to obtain annual CBEs and screening mammograms, and continues with support for those diagnosed with breast cancer. Bilingual, bicultural patient navigators, along with transportation, childcare, peer support, and mental health services, are among the services offered by NV. This program improves health outcomes by facilitating the timely access to breast cancer education, detection, treatment care, and support services.

The Pro Bono Counseling Project (\$61,496)

Jean Steirn Cancer Program: Beyond Breast Cancer

For those who are coping with a breast cancer diagnosis and a lack of financial resources, The Jean Steirn Cancer Program Beyond Breast Cancer provides free mental health treatment, linkage to support services in the community and transportation to therapy appointments as necessary. Annually, this unique program of The Pro Bono Counseling Project (PBCP), links and supports 50 plus uninsured and low-income breast cancer survivors and their caregivers / family members, during any phase of their cancer from diagnosis to post-treatment or survivorship, with insured and licensed mental health therapists at no charge. PBCP collaborates with multiple service providers throughout the State of Maryland to encourage referrals by those who provide care to breast cancer survivors and their families about the availability of free counseling. A minimum of 4 annual educational workshops (and accompanying professional resources) are provided for volunteer therapists addressing specific mental health concerns critical to breast cancer patients, survivors and family members.

The Red Devils (\$75,000)

Supporting Maryland Breast Cancer Families

This program funds essential support services for breast cancer patients and their families living or being treated in Maryland. With this grant, The Red Devils will fund their needs for roundtrip treatment transportation, meals and groceries, house cleanings, prescription and medical equipment co-payments, complementary therapies, and other critical financial needs. Breast cancer patients will be referred through our network of 29 hospitals to services provided by business partners authorized to assist with patients' quality-of-life needs. Evaluation of the program's impact will include quantitative measures of patients and families served, and qualitative measurement of the funded services affects on impacting their quality of life (QOL). Data for both measures will be gathered through online and hard-copy survey instruments.

Shore Health System (\$71,000)

STEPS to Breast Health Services on the Mid-Shore

STEPS to Breast Health on the Mid-Shore offers women in the community who are uninsured or underinsured a program that screens for breast cancer at no cost to the woman. The Shore Regional Breast Center through the Wellness for Women Program offers these services to women under the age of 40 and over the age of 64 who are not eligible through the Breast and Cervical program of the state of Maryland. Through education, outreach and partnering with physicians and health departments and businesses the message of early detection and screening is received by the community.

St. Mary's Hospital (\$35,354)

Pink Ribbon Project

The established Pink Ribbon Project of St. Mary's County will expand breast care services to financially eligible women in Charles and Calvert Counties in Southern Maryland. Women who qualify are those who are under 40 years of age, uninsured, and are symptomatic (i.e. palpable lump, bloody nipple discharge, etc.) or have a significant family history of breast cancer (i.e. mother or sister diagnosed with pre-menopausal breast cancer). Services will be provided following the guidelines already established for clients screened through the Breast and Cervical Cancer Program in the current Women's Wellness Program. Komen breast health materials and

education are provided to all participants. The supplied information increases the understanding of the importance of early detection, and helps support the Komen mission to eradicate breast cancer as a life threatening disease

University of Maryland Medical System Foundation (\$100,000)

Making a Difference: Changing Baltimore's West Side Story

Project is designed to address persistent breast health disparities for women in West Baltimore with special emphasis on the 21215 zip code through community outreach and breast cancer screening in partnership with Park West Health System. The West Side Project will reach 5,000 women in the target area with breast health information and will enroll and screen at least 500 uninsured women with clinical breast exams and mammography through BCCP in the first year.

Wicomico County Health Department (\$75,000)

Closing the Gap: Hispanic Women and Breast Cancer

"Closing the Gap: Hispanic Women and Breast Cancer" aims to increase the number of rural Hispanic women in Wicomico, Somerset, and Worcester Counties educated and screened for breast cancer by continuing a culturally appropriate referral/screening, education and outreach program. To accomplish this goal, a Hispanic outreach worker and a Hispanic interpreter will be hired. The outreach worker will locate, educate, and refer uninsured and underinsured Hispanic women in the region to the program. The interpreter will enroll participants into the program, verify eligibility, set up appointments for screening services and provide case management services such as interpretation, translation, transportation and linkage to community support services should cancer be diagnosed. The program will collect data of Hispanic women referred for CBE, mammograms, and sonograms, the number of women educated through group presentations, health fairs or one-on-one sessions, and those who receive educational material. The program envisions that the gaps existing between healthcare providers and rural Hispanic women in the area will be eliminated and the importance of early detection will be embraced.

CRAFT Grants

Johns Hopkins University School of Medicine (\$56,250)

Enhancing Accrual to NCI-Sponsored Breast Cancer Clinical Trials at Johns Hopkins

Clinical trials offer patients access to high quality care and improve therapy options for future generations. Inadequate support is a key factor why less than 5% of patients enroll in therapeutic trials. Health insurance and traditional funding do not target infra-structure costs, and insufficient personnel support is a key barrier limiting patient access to high-quality studies. The Johns Hopkins Breast Cancer Program has used Project CRAFT to recruit and retain a jointly-funded dedicated Breast Cancer Research Nurse (BCRN). In her role helping breast cancer patients navigate through such a critical life event, the BCRN screens records from all new patients for eligibility to NCI-sponsored clinical trials, helps secure insurance clearance, educates them about different therapy options, provides short/long term monitoring, and collects research data. Since 2000, our enrollment to clinical trials more than doubled. This unique partnership between Komen Maryland and Johns Hopkins is a successful mechanism joining advocacy organizations and research groups to overcome barriers to successful patient enrollment to breast cancer clinical trials.

Mercy Medical Center (\$74,992)

Expanding Opportunities to Participate in Breast Cancer Clinical Trials

"Improving health through research" is a primary mission of the Prevention and Research Center at Mercy Medical Center. With the support of the CRAFT Grant we accomplish that mission by having an oncology research nurse dedicated to making government-sponsored clinical research trials accessible to all Mercy patients diagnosed with breast cancer. Through continued support we will be able to expand clinical trial offerings to match patient needs, reach out to a diverse population of women and improve their access to clinical trials, educate providers and patients regarding the benefits of trial participation, and increase enrollment. The research nurse will conduct educational activities, collaborate with health care providers to identify potentially eligible patients, conduct patient screenings and in-person meetings, and educate patients during the informed consent process and throughout the study. Ultimately, success is measured by monitoring patient enrollment and evaluating activities pursued in the interest of providing education and access to trials. Trial recruitment and retention is labor and time-intensive; dedicated personnel are needed to achieve these goals.

Peninsula Regional Medical Center (\$70,012)

Clinical trial outreach for breast cancer patients on the Maryland Eastern Shore

Our mission at Peninsula Regional Medical Center is to improve clinical trial awareness & opportunities for breast cancer patients. During 2005-2008 a total of 363 patients were on trials. 7% were breast trials & 3.8% were African American (AA). The goals are to improve awareness, screening & enrollment, focusing on AA patients. Three key activities will be: 1. Improve outreach by increasing community & professional education about breast cancer research & clinical trials; 2. Develop and implement two prospective tools that will allow us to monitor how well we screen & enroll patients, and better understand of patient decision making factors & barriers to participation; 3. Improve portfolio of clinical trials & trial enrollment, especially AA patients. Evaluation methods will include a tool to monitor screening and enrollment, a survey to collect patients reasons for their decisions, and tracking of attendance at educational meetings, of trials opened, and of enrollment (by ethnicity). Therefore, this proposal is tailored to meet the challenge of improving the awareness and enrollment into NCI sponsored trials in our service area.

Shore Health System (\$38,627)

Enhancing Support and Accrual to NCI-Sponsored Breast Cancer Clinical Trials

Enhancing Support and Accrual to NCI-Sponsored Breast Cancer Clinical Trials, will continue to fund a part-time clinical trials data manager who will assist the clinical trials research nurse to coordinate with the local radiation oncologist, medical oncologists, surgeons and other physicians to enroll patients in NCI sponsored clinical trials for breast cancer. There will continue to be a focus on enrolling African-American Women. The grant will allow the clinical trials program to continue educating the community and physicians about cancer clinical trials. Also, during this two year cycle, the grant will fund a survivorship seminar for recently diagnosed breast cancer patients. In addition, the grant will enable the Clinical Trials office to continue to follow and retain the 55 women currently enrolled in Clinical Trials through Shore Regional Cancer Center.

University of Maryland Baltimore (\$75,000)

Improving Support and Accrual to Breast Cancer Clinical Trials

The trials provide patients with potential therapies unavailable through any other avenue. Since the last Maryland Affiliate of Susan G. Komen for the Cure funding period, significant progress has been made in increasing access of our population demographic to clinical trials. In addition, the UMGCC has recruited a physician with expertise in acupuncture as a means to alleviate untoward symptoms caused by breast cancer treatments. This upcoming grant period will provide continuing matching support to the University of Maryland institutional funds for a clinical coordinator, as well as defray the costs of a dedicated nurse practitioner to assist medical oncologists, radiation oncologists and an acupuncturist to 1) make sure that breast cancer clinical trials are open to accrual, 2) continue to enroll new patients to these trials with an emphasis on maintaining our accrual rate of 45-50% underserved minorities and 3) be responsive to clinical trials opportunities in the primary care setting among survivors of breast cancer treatment.

Special Initiative

Johns Hopkins University School of Medicine (\$199,994)

A Survivorship Program for Breast Cancer: A Transition for Patients and Providers

This multidisciplinary program aims to develop and implement a clinical program for survivors focusing on education for patients, nurses, and physicians. Improved communication tools and survivorship care materials are being explored. This project highlights the potential for productive collaborations between academic institutions and advocacy organizations, and will help better prepare all to handle the looming shortage of oncology specialists, offer educational opportunities for non-cancer care providers, and improve the follow-up care of breast cancer survivors.

University of Maryland Baltimore Foundation (\$205,576)

The Komen Maryland Affiliate Nursing Partnership: Advancing Education and Practice

Cancer prevalence, including breast cancer prevalence, is predicted to double in the US by 2050 (Edwards et al, 2002). New nurses, pharmacists and social workers will enter a variety of settings following their education and will be viewed as health experts by their constituents. It is critical that these professionals are armed with correct breast cancer information. The goal of The Komen Maryland Affiliate Nursing Partnership is to heighten the awareness, knowledge, and skills of nursing students and other health professionals about the current state of science concerning the prevention, screening, diagnosis, treatment and survivorship of people with breast cancer. For the past 3½ years, we have used the five components of the Partnership at the University of Maryland School of Nursing to educate thousands of nursing students and practicing nurses about breast cancer. For the coming year, we will continue our partnership with the UMB School of Social Work as well as Coppin State University while expanding the Partnership to bring the latest scientific information about breast cancer to Bowie State and the UMB School of Pharmacy.